

# Sample Menu



## MENU

Always Available  
Items:

Hamburger/Cheeseburgers  
Grilled cheese  
PB&J  
Cottage Cheese  
Yogurt  
Deli Sandwiches  
Chef Salads



**AMBASSADOR**  
Health care

### Breakfast

Choice of Cereal  
Scrambled Eggs  
Biscuits & Sausage Gravy  
Margarine  
Juice of Choice  
2% Milk  
Coffee/Tea

### Lunch

Chicken Parmesan  
Spaghetti Noodles  
Italian Blend Vegetables  
Tossed Salad/Dressing  
Bread Pudding w/ Vanilla Sauce  
Beverage

### Dinner

Chili w/ crackers  
Classic Grilled Cheese Sandwich  
Marinated Slaw  
Assorted Fruits  
Milk/Beverage