MINDAGGADOR HEALTHCARL		new Simple Menu 3/3 2021		Regulai		AAGGK I
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal	Choice of Cereal
Scrambled Eggs	Buttered Waffles	Egg & Cheese Sandwich	Pancakes	Cheesy Scrambled Egg	Cheese Omelet	Pancakes
Wheat Toast	Turkey Links	Bacon	Breakfast Ham Slice	Hearty Hashbrowns	Raisin Toast	Sausage Patty
Jelly	Maple Syrup	Margarine	Maple Syrup	Wheat Toast	Jelly	Maple Syrup
Margarine	Margarine	Juice of Choice	Margarine	Jelly	Margarine	Margarine
Juice of Choice	Juice of Choice	2% Milk	Juice of Choice	Margarine	Juice of Choice	Juice of Choice
2% Milk	2% Milk	Coffee/Tea	2% Milk	Juice of Choice	2% Milk	2% Milk
Coffee/Tea	Coffee/Tea		Coffee/Tea	2% Milk	Coffee/Tea	Coffee/Tea
				Coffee/Tea		
Lunch						
Beef Fritter	Tuna Salad Sandwich	Deli Sandwich	BBQ Chicken Thighs	Mandarin Pork Roast	Broccoli Cheese Soup	Meatloaf
Lettuce & Tomato	Lettuce & Tomato	Macaroni Salad	Baked Beans	Brown Rice	Saltines	Au Gratin Potatoes
Italian Veg & Bean Soup	American Fried Potatoes	Radish Cucumber Salad	Green Beans	Sugar Snap Peas	Grilled Chicken Breast Swch	Brussels Sprouts
Saltines	Diced Pears	Red Grapes	Corn Muffin	Wheat Bread	Lettuce / Tomato / Onion	Wheat Bread
Mixed Melon Salad	2% Milk	2% Milk	Orange Wedges	Watermelon	Chilled Peaches	Cinnamon Applesauce
2% Milk	Coffee/Tea	Coffee/Tea	2% Milk	Margarine	2% Milk	Margarine
Coffee/Tea			Coffee/Tea	2% Milk	Coffee/Tea	2% Milk
				Coffee/Tea		Coffee/Tea
Dinner						
Turkey Pot Roast	Honey Mustard Pork Tenderloin	Baked Chicken	Liver & Onions	Chicken Fettuccine Alfredo with	Breaded Fish	Beef Patty
Baked Potato	Long Grain & Wild Rice	Red Bliss Potatoes	Mashed Potatoes	Broccoli	French Fries	Mashed Potatoes
Sour Cream and Chives	Broccoli	Capri Vegetable Blend	Peas & Pearl Onions	Choice of Dressing	Classic Creamy Cole Slaw	Green Beans
Carrots	Wheat Bread	Choice of Roll	Southern Style Biscuit	Garlic Toast	Wheat Bread	Cornbread
Choice of Roll	Margarine	Choice of Dessert	Choice of Dessert	Margarine	Margarine	Choice of Dessert
Margarine	Choice of Dessert	Margarine	White Pepper Gravy	Choice of Dessert	Ketchup	Brown Gravy
Choice of Dessert	2% Milk	2% Milk	Margarine	Tossed Salad 2% Milk Coffee/Tea	Choice of Dessert	Margarine
2% Milk	Coffee/Tea	Coffee/Tea	2% Milk		2% Milk	2% Milk
Coffee/Tea			Coffee/Tea		Coffee/Tea	Coffee/Tea